



Equivalency Form

The Practitioner Certification Program (PCT) is ordinarily a 2-year, 400-hour training designed to qualify and certify participants according to the Global Professional Breathwork Alliance standards for accredited breathwork practitioners. We now offer an opportunity to professionals who have previously completed other personal and professional development training and can demonstrate at least 150 hours of professional and/or life-long learning equivalency. With this an interested participant can achieve POBI Certification in one year.

The criteria for determining equivalency are as follows. **All three areas are relevant and will be considered as a part of the total equivalency requirement:**

1. 150 hours of prior education, training, experience and/or certification in a complimentary field.
2. Commitment to and documentation of personal and spiritual development.
3. An interview and professional breathwork session with the POBI Director.

Name _____ Date: _____

Email: _____

Current Occupation _____ Years _____

Previous Work History or Relevant Experience:

Education/Degrees:

Continuing Education (additional certifications, etc. and # of training hours)

Professional Associations or Community Memberships:

Personal Development (courses, programs, etc and # of hours):

Personal Practices:

Other Areas of Interest/study:

Most inspiring or influential personal development and/or professional books read:

Essay Questions: (please use as much space as you need)

1. Why do you want to become a breathwork practitioner?
2. What do you feel/think makes a good and effective practitioner?
3. Describe how the experiences you've documented above contribute to your answer of question # 2.
4. Please share any other information you feel is relevant to this application.