

Power of Breath Institute

2018 Practitioner Certification Training Agreement

I _____, of: (address) _____

Agree to uphold and abide by to the below-listed program agreements and requirements and hereby request application to the 2018 Practitioner Certification Training:

- I agree to the total financial commitment (____) \$2650, or, (____) \$4500 whether or not I attend all the events.
- I agree to fully participate in the program activities according to the instructions of the trainers, not to exceed personal safety, integrity and self-responsibility.

Requirements for certification (Level I and II):

- (28) Demo Breathwork Sessions - Documented (Using the POBI Breath Session Notes form, and submitted electronically) facilitation of demo clients: Facilitating a minimum of four (4) people through seven (7) breath sessions each before the final weekend of the training.
- Practitioner Evaluation Form to be submitted by all demo clients (as listed above).
- Willingness to participate in a Buddy Support System throughout the duration of the training. (3) Breathwork exchanges with your buddy (annotated using Breath Session Notes form)
- (5) Personal sessions (in person or Skype) required during the training year (does not require session notes) with an approved practitioner, (separate charge)
- (12) Self-facilitated sessions – two per month during the entire course of the training (min. 45 minutes, notes not required).
- Completion of Required reading list (@ books on POBI Bibliography), and a verbal report on one book during the latter half of the training.
- Attendance at Ten (10) scheduled videoconferences during the course of the training. (Additional individual supervision calls for a separate fee)
- Completion of a Harvest Form, to be emailed *within one week following* each of the trainings (total of (5) - none for the final weekend).
- Maintenance of a Program Transcript for tracking these requirements.
- Facilitation of a session with a demo breather at the last retreat (or video submission of a session of you facilitating a breathwork session).
- Completion of a written competency exam during the final weekend.
- Electronic Submission of the Program Transcript at the end of the training
**Transcript must be typed and emailed in order to receive your Certificate.*

All requirements must be met including a completed Transcript, within 3 months of the training (2/28/19) to be eligible for certification.

Signed _____ Date: _____